

John McArthur

FOUNDER

TOTAL FORCE ATHLETICS

John McArthur IV is the founder of Total Force Athletics (TFA) and a passionate youth mentor dedicated to developing leadership, confidence, and character in young athletes. With extensive experience as a Director of Physical Education & Health, educational administrator, Head of Athletics, and K-12 teacher, he has spent his career empowering youth through sports, education, and structured team development.

Through TFA, John promotes a healthy and active lifestyle while teaching the values of discipline, teamwork, and resilience principles that strongly align with the mission of the Boys & Girls Club. His ongoing work within the community, including programs and partnerships connected to the Boys & Girls Club, reflects his commitment to helping young people reach their full potential both on and off the court.

