



BOYS & GIRLS CLUB
OF NORTHERN WESTCHESTER



AUGUST 2025

CLUB HAPPENINGS Newsletter

UPCOMING EVENTS AND VOLUNTEER OPPORTUNITIES

- September 2 - First Day of Fun Club 2025-2026
- September 14 - Marlins Kick-Off Party
- October 14 - BGCNW Annual Golf Tournament at GlenArbor Golf Club
- October 17 - Hispanic Heritage Celebration
- October 23 - Lights On Afterschool
- November 25 - Clubsgiving Feast

DRIVE IMPACT, ONE SWING AT A TIME.



Join us on **Tuesday, October 14th** at GlenArbor Golf Club for the BGCNW Annual Golf Tournament—a premier opportunity to network, give back, and support life-changing programs for youth in our community.



Sponsorship opportunities available.

Visit our website, scan the QR code, or contact John Tunas at jtunas@bgcnw.com to register or become a sponsor today.



#JoinTheClub

Our impact is possible due to the continued engagement and generosity of our community!

There are a number of ways to get involved including:

- Be a program volunteer, tutor, or mentor
- Lend a hand with planning and coordinating events
- Represent the Club as a social media ambassador
- Join us for the National Boys & Girls Club Days of Advocacy
- Participate in a group or corporate day of service

For more information, visit our website.

PreK Adventure Camp

Our youngest explorers enjoyed a second week of Wacky Science exploration

- Each class made their own ice cream
- Explored buoyancy with a sink or float activity
- Grew a rainbow, and made a cloud in a jar as part of weather and climate exploration.

During the last week of camp, classes did some school readiness review.

- Reviewed our numbers to 10
- Did cutting practice
- Practiced writing their names, and reviewed letter sounds.

Of the 44 children in our Early Childhood Education program, 23 will be starting Kindergarten in the fall, and 19 will be returning for another year of preschool!



School-Aged Adventure Camp (rising 1st-6th grades)

The final weeks of camp were packed with fun and educationally enriching activities:

MUSIC

- A total of 60 preschool and school-aged campers participated in the program
- Kids explored the violin, cello, drums, and xylophones
- They showcased their skills at a recital on August 1

ART

- Free Art
- Decorated Picture Frames
- Decorated Flower Pots
- Color War Paint Fight

STEM

- Coding & Algorithms
- Sink or Float Density Unit
- Fluid Mechanics Buoyancy Unit
- DIY Bouncy Balls

GARDENING

- Harvested crops planted in April
- Discovered Monarch caterpillars
- Watched Goldfinches and other birds eat seeds from Sunflowers

SEWING

- Sewing Safety Skills
- Burlap & Cotton Tote Bags
- DIY Stuffies
- Sewers Choice:
 - Fleece Pillow
 - Change Purse

DIGITAL ARTS

Campers completed their digi projects using photoshop and CapCut

BRAIN GAIN

Campers finished their Around the World unit and did a Sea Creature scavenger hunt



Teen Adventure Camp

On August our teens visited:

- A Mets game at Citifield
- Nikko's Buffet Hibachi
- Liberty Paintball

And enjoyed fun camp activities including henna tattoos and a slime pool fight in Art, aluminum boat competition and Jeopardy in STEM, BGC Family Feud in Healthy Lifestyles, and completing a Day At the Club video project in Digital Arts.

Wilfred E. Jennings Summer Leadership Program

Activities with an emphasis on self-discovery and skill-building to boost confidence and prepare students for future opportunities.

- Week Five
 - Activities with an emphasis on self-discovery and skill-building to boost confidence and prepare students for future opportunities.
 - Teens completed their "The Roadmap to Success," projects, integrating previous career and college exploration topics to help students identify clear next steps through high school, college, and into their future careers.
- Week Six
 - Played "Act Your Wage", a financial literacy game that teaches budgeting skills.
 - Attended a Mets game
- WEEK Seven
 - Learned about credit which helps teens understand financial responsibility early, fostering habits that will benefit their future independence.
 - Interview preparation and mock interviews to prepare for their first forays into the workforce
 - Organized and facilitated a camp carnival. Teens fundraised throughout the summer for this project - giving them a lesson in Entrepreneurship. Coordinating the carnival presented them with the chance to apply teamwork, planning, and problem-solving in a real-world setting, turning abstract concepts into tangible accomplishments.



Aquatics

We've made a splash all summer long!

Our summer campers hit the pool every day, enjoying 30 minutes of swim time to stay active, cool, and confident in the water. This season, 50 students participated in our Learn to Swim summer session, building essential skills for a lifetime of safety and fun. We were proud to host the Peak Performance Swim Camp for a weekend of advanced training in July and a week-long Peak Camp in August. Behind the scenes (and at the pool's edge), 20 dedicated lifeguards and swim instructors gained valuable summer employment while keeping our swimmers safe and supported.



Wellness Center

This summer, our wellness team expanded to include a dedicated Wellness Supervisor, two social work interns, six university interns, and two teen volunteers — all committed to supporting the emotional and mental well-being of our campers.

In the first four weeks, activities blended creativity, self-expression, and emotional learning:

- Mask-Making with Preschoolers – Using positive self-talk to boost confidence and self-esteem, children explored their thoughts and feelings through colorful, self-designed masks.
- Ice Cream Foam Making – Campers “ordered” from our special ice cream menu, identifying their emotions through playful flavor choices.
- Feelings Collages – With magazines, scraps, stickers, and more, campers crafted collages that reflected their emotions, fostering mindfulness, creativity, and emotional awareness.

Our wellness programming also included special events:

- Professional Development Series – A new staff training series launched this summer, covering topics like Child Development, Play Therapy, Positive Psychology, and Youth Mental Health.
- Meet the Wellness Team – Parents connected with our team, asked questions, and received valuable resource materials to support their children's growth.