



BOYS & GIRLS CLUB
OF NORTHERN WESTCHESTER



AUGUST 2025

CLUB HAPPENINGS Newsletter

UPCOMING EVENTS AND VOLUNTEER OPPORTUNITIES

- August 14 - Camp Variety Show
- August 15 - Camp Carnival
- September 2 - First Day of Fun Club 2025-2026
- October 14 - BGCNW Annual Golf Tournament at GlenArbor Golf Club

SUMMER AT THE CLUB

We're more than halfway through the 2025 Summer Adventure Camp season. Our campers have enjoyed fun-filled days of exploration and enrichment. Read on to learn about the highlights from July.

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The 2025-2026 school year is right around the corner. With your support, our Club kids can hit the ground running with all of the tools and supplies they need to have a successful academic year! Visit our website at BGCNW.com to view our school-supply wish lists and make a donation today!

BACK TO SCHOOL!

PreK Adventure Camp

Our youngest explorers dove into two exciting two-week studies this July.

- Ocean Life
 - We kicked off with important water safety lessons and explored what makes beaches special. Each child created their own sand bottle keepsake. Then, we discovered fascinating ocean creatures—crabs, sharks, jellyfish, and fish—capping the unit by crafting edible oceans with tasty “sand” and sprinkle crabs!
- Around the World
 - Our global journey covered all seven continents! From the USA to Australia, students learned flags, languages, and cultural traditions. Highlights included making slime, recycled crayons, toothpick towers, and colorful Skittle rainbows during our STEAM week.



School-Aged Adventure Camp (rising 1st–6th grades)

Our school-aged campers enjoyed a rich mix of activities: Art, Healthy Lifestyles, Digital Arts, Gym & Field, Dance, STEM, and Brain Gain challenges kept everyone engaged and energized. Campers also get to swim every day, and are served nutritious snacks, and lunch made onsite by our Ladle of Love team. Some high-yield activities included:

ART

- Free Art
- Group posters
- Slime
- Tie-Die

DIGITAL ARTS

- Song Art
- Camp Logo Design Project
- Day at The Club Videography Project

HEALTHY LIFESTYLES

- Healthy snack making
- Environmental Health Unit
- Social Navigation

STEM

- Volcano Experiment
- Egg Drop Challenge
- Go2science Tigers Mission

BRAIN GAIN

- International and Cultural Exploration: Azerbaijan to Zimbabwe



Teen Adventure Camp

Our three teen groups, including two travel groups, balanced classic camp fun—swimming, art, STEM, digital arts—with twice-weekly offsite trips. This July, campers experienced:

- Dave & Buster's
- Movies
- Thrillz Jump Park
- Bowling
- Downtown Mt. Kisco walks
- Mini golf
- Picnic and hike at Bear Mountain

Wilfred E. Jennings Summer Leadership Program

Ten enthusiastic teens are sharpening leadership skills through practical lessons and hands-on volunteer work alongside Adventure Camp. Over the past four weeks, students have built strong connections, strengthened leadership and communication skills, explored education and career pathways, and applied what they've learned through hands-on activities like running weekly bake sales.

- Week 1: Focused on building rapport, setting expectations, and exploring leadership, communication strategies, and goal-setting.
- Week 2: Students reflected on personal strengths and values, set future goals, discussed overall well-being, and learned the difference between jobs and careers.
- Week 3: Explored post-secondary education options, introduced a college selection checklist, and reviewed financial aid resources.
- Week 4: Launched the Roadmap to Success project, helping students plan next steps through high school and beyond, while gaining entrepreneurial experience through bake sales.



d2D diplomas²
DEGREES


**CAREER
LAUNCH**
TAKE CONTROL

**MONEY
MATTERS**
make it count 

Aquatics

we're making waves all summer long!

Our summer campers hit the pool every day, enjoying 30 minutes of swim time to stay active, cool, and confident in the water. This season, 50 students participated in our Learn to Swim summer session, building essential skills for a lifetime of safety and fun. We were proud to host the Peak Performance Swim Camp for a weekend of advanced training — with another session already on the calendar for August. Behind the scenes (and at the pool's edge), 20 dedicated lifeguards and swim instructors gained valuable summer employment while keeping our swimmers safe and supported.



Wellness Center

This summer, our wellness team expanded to include a dedicated Wellness Supervisor, two social work interns, six university interns, and two teen volunteers — all committed to supporting the emotional and mental well-being of our campers.

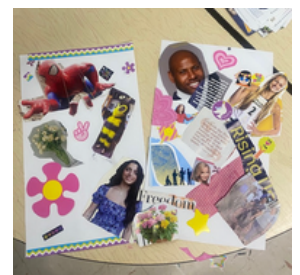
In the first four weeks, activities blended creativity, self-expression, and emotional learning:

- Mask-Making with Preschoolers – Using positive self-talk to boost confidence and self-esteem, children explored their thoughts and feelings through colorful, self-designed masks.

- Ice Cream Foam Making – Campers “ordered” from our special ice cream menu, identifying their emotions through playful flavor choices.
- Feelings Collages – With magazines, scraps, stickers, and more, campers crafted collages that reflected their emotions, fostering mindfulness, creativity, and emotional awareness.

Our wellness programming also included special events:

- Professional Development Series – A new staff training series launched this summer, covering topics like Child Development, Play Therapy, Positive Psychology, and Youth Mental Health.
- Meet the Wellness Team – Parents connected with our team, asked questions, and received valuable resource materials to support their children's growth.





2025 Golf Tournament



SAVE THE DATE

TUESDAY, OCTOBER 14, 2025

GlenArbor Golf Club

234 Bedford Center Road

Bedford Hills, NY 10507



GOLF COMMITTEE CHAIR

Steve Alvarado



SCHEDULE OF EVENTS

10:00 am - REGISTRATION

10:30 am - BRUNCH

12:00 am - SHOTGUN START

5:00 pm - COCKTAILS AND DINNER



**Your support helps Boys & Girls Club of Northern Westchester develop
today's youth into tomorrow's leaders!**

For more information, please contact John Tunas at jtunas@bgcnw.com
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