

August 2024 BGCNW Menu



Feeding Futures

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Beef Empanadas. Avocado & Tomato Salad. Cilantro Dressing. Peaches. Ice pops.	2 Tuscan Tomato Soup. Mozzarella Sticks Cucumber Salad. Dill-Lemon Dressing. Grapes. Oatmeal-Raisin Cookies.	3
4	5 WW Spaghetti & Meatballs. Tomato Sauce. Spinach Salad with lemon vinaigrette. Strawberries.	6 BBQ Ribs. Oven Fries. Celery Sticks & Russian Dressing. WW Rolls. Grapes.	7 Chicken Empanadas. Avocado & Tomato Salad. Cilantro Dressing. Peaches.	8 All-Beef Hot Dogs on WW Rolls. Tater Tots. Carrot Sticks. Ranch Dressing. Blueberries. Banana Bread.	9 Ramen Chicken Noodle Soup. WW Rolls. Caesar Salad. Watermelon. Chocolate Chip Cookies.	10
11	12 Burgers on WW Rolls. Potato Salad. Crispy String Beans. Pineapple. Vanilla Pudding.	13 WW Macaroni & Cheese. Chopped Veggie Salad with Chickpeas. Watermelon. Yogurt Pops.	14 CN French Bread Pizza. Celery Sticks with Thousand Island Dressing. Mangoes Banana Bread.	15 WW Spaghetti & Meatballs. Tomato Sauce. Spinach Salad with lemon vinaigrette. Oranges.	16 CN Chicken Tenders. Tater Tots. Roasted Broccoli. Apples. Brownies.	17
18	19 vacayyyy	20 vacayyyy	21 vacayyyy	22 vacayyyy	23 vacayyyy	24
25	26 vacayyyy	27 vacayyyy	28 vacayyyy	29 vacayyyy	30 See you all Sept. 3!	31