



BOYS & GIRLS CLUB
OF NORTHERN WESTCHESTER

NEW GYM AND SWIM PROGRAM
FOR AGES 6 MONTHS THROUGH 3 YEAR OLDS
AND PARENT/CAREGIVER
TUESDAYS/THURSDAYS

TUESDAY, MARCH 19 – JUNE 16
THURSDAY, MARCH 22 – JUNE 18

GYM: TOTS IN MOTION

Designed to keep your busy toddler moving while introducing many different physical skills by engaging them with various age appropriate activities and games. Exercise and Fun for parent/caregiver as well

INSTRUCTOR: HEATHER BREWSTER

Tuesdays - 8:30am – 9:15am

Thursdays – 8:30am-9:15am

SWIM: WATER EXPLORERS

Have fun in the pool with songs, games and activities that will help you and your child be safer and more comfortable in the water. Submersion is your choice.

No previous experience is needed. Swim Diapers required, if needed.

Tuesdays- 9:30am – 10:00am

Thursdays – 9:30am-10:00am

COST:

SWIM AND GYM – 12 WEEK COMBINED PROGRAM: \$300

(\$35.00 REGISTRATION FEE FOR NEW MEMBERS)

GYM ONLY – 12 WEEKS

TUESDAY CLASS – \$100.00

THURSDAY CLASS - \$100.00

SWIM ONLY – 12 WEEKS

TUESDAY CLASS - \$240

THURSDAY CLASS - \$240.