

FALL 2018

CHILDRENS SWIMMING LESSONS DENNIS MUNSON AQUATIC SCHOOL



OFFICE USE ONLY	
PROGRAM FEE: _____	MEMBERSHIP: _____
RECEIPT # _____	
CHECK # _____	CASH () CREDIT CARD ()
DATE PAID _____	TAKEN BY _____

Full FALL Session: (14 weeks) September 17 - December 20, 2018

Half Sessions: **Early Fall**(Monday Sept. 17 - Thursday Nov. 1), **Late Fall** (Monday Nov. 5 - Thursday Dec. 20)

NO CLASSES: October 8th; November 22nd, 23rd & 24th; Home Meets - 10/13 & 11/3 All day

****REQUIRED INFORMATION**

**PARENT/GUARDIAN FIRST NAME: _____

**PARENT/GUARDIAN LAST NAME: _____

**E-MAIL ADDRESS: _____

MAILING ADDRESS: _____

CITY: _____ State: _____ Zip: _____

**TELEPHONE (DAY/MOBILE): _____

Demographic Information: (Optional, For Fair Representation - Thank You!)

Please Check one of the following options :

White/Caucasian-	<input type="checkbox"/>	African Heritage -	<input type="checkbox"/>
Hispanic/Latino Heritage -	<input type="checkbox"/>	Asian Heritage -	<input type="checkbox"/>
Native American/Alaskan Native-	<input type="checkbox"/>	2 or more races -	<input type="checkbox"/>
Native Hawaiian or Pacific Islander -	<input type="checkbox"/>		

****GENERAL RELEASE : The undersigned hereby releases the Boys & Girls of Northern Westchester, employees and volunteers should an accident or injury occur to the below mentioned child(ren) of any responsibility as a result of an activity sponsored by the Boys & Girls Club of N.W.**

**** PARENT/GUARDIAN SIGNATURE FOR RELEASE ABOVE:** _____

****DATE SIGNED:** _____

**CLASS PARTICIPANT NAME	MALE	FEMALE	**DATE OF BIRTH	**AGE	GRADE	**NAME OF CLASS	**CLASS DAY	**CLASS TIME	**REGIS. FEE \$75	**CLASS FEE
#1										
#2										
#3										
#4										

1 Free Trial Class/Participant - Must Register All Information Above and Sign General Release. SUB TOTALS: \$ _____ \$ _____

Please Note: WE USE A SESSION FORMAT WITH EVERY CLASS MEETING ON THE SAME DAY AND TIME EVERY WEEK 8/6/18 TOTAL : \$ _____

CLASS NAME (Length of Class)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY	Notes
WATER EXPLORERS (30 MIN)		9:30am		9:30am	9 & 10am	6 Mos. To +/- 3yrs.
DAYTIME DOLPHINS (30 MIN)	1:15, 1:45, 2:15pm	10am, 1:15, 1:45, 2:15pm	1:15, 1:45, 2:15pm	10am, 1:15, 1:45, 2:15pm	See Saturday Stingrays	3 -5 yrs. No Parents
WISE WHALES (30 MIN)	1:15pm	1:15pm	1:15pm	1:15pm	See Level 3	Swims unaided 25ft
SATURDAY STINGRAYS (30 MIN) (SATURDAYS ONLY)					9, 9:30, 10, 10:30, 11, 11:30am (see Level 1 & 2 for 2pm)	Same as Daytime Dolphins 3 - 5 yrs. without parent
LEVEL 1 & 2 (30 MIN)	4, 4:30 & 5pm	4 & 4:30pm	4 & 4:30pm	4pm	9:30, 10:30, 11am, 2pm	3 - 5yrs. allowed
LEVEL 3 (30 MIN)	4, 4:30 & 5pm	4 & 4:30pm	4 & 4:30pm	4pm	9, 10:10 & 11:30am	Pass Lv. 2 to enroll
LEVEL 4,5,6 (40 MIN)	4:20pm	4:20pm	4:20pm		9:30 & 11:20AM	Pass Lv. 3 to enroll
STROKE CLINIC (60 MIN)	5:30pm				1pm	Competitive Strokes
PRIVATE LESSON (30 MIN-\$50)		3:30PM	3:30PM	3:30PM	1, 1:30 & 2PM	1 on 1 or Semi-priv.

Register online, Mail in this Registration Form With Payment of Check to BGCNW or Credit Card w/# below. REGISTER IN PERSON if payment is CASH!

NAME ON CREDIT CARD

CREDIT CARD NUMBER

EXP DATE

CVV #

351 E. Main Street, Mount Kisco NY 10549, Tel (914) 666-8069, Fax (914) 666-9166, www.bgcnw.com

DENNIS MUNSON AQUATIC SCHOOL

Water safety is critical for ALL children. Each year in the U.S. the #1 cause for death in children under 6 is drowning! BGCNW teaches over 1,000 children to swim annually. To learn more about our aquatic programs, contact:

Dennis Munson, Director 914-666-8069 Ext. 115 Dmunson@bgcnw.com **Robert Rishel, Asst. Director** 914-666-8069 Ext. 117 bobrishel@bgcnw.com

SWIM PROGRAMS

PRESCHOOL CLASSES: If your child has hair below their ears they must wear a swim cap. Swim diaper only if needed. Please NO regular diapers.

Water Explorers: (30 min class) (Tuesday, Thursday & Saturday)

Recommened age - 6 months to 3 1/2 years **with adult**. Have fun in the pool with songs, games, and activities that will help you and your child be safer and more comfortable in the water. Submersion is your choice. No previous experience is needed. Swim diapers must be worn under your childs suit, if needed.

Daytime Dolphins: (30 min class) (Monday - Thursday)

No parental assistance. For 3-5 year olds. Little or no swimming experience needed to enroll. Also see Level 1 & 2 Weekdays for class schedule after 3 pm.

Wise Whales: (30 min class) (Monday - Thursday) (For Saturdays use Level 3)

No parental assistance. For 3-5 year olds who are able to swim independently 20 feet on front and back to enroll.

Saturday Stingrays: (30 min class) (Saturdays only)

Similar to Daytime Dophins . **No parental assistance.** A combined class for 3 - 5 year olds having any level of proficiency.

GRADESCHOOL CLASSES: If your child has hair below their ears they must wear a swim cap.

Level 1 & 2: (30 min class)

Little or no swimming skills are necessary to enroll. Acceptable for 3 - 5yrs. on Weekdays after 3pm.

Level 3: (30 min class)

Must pass level 2 or must swim 20 feet on back unaided and 20 feet on front using rhythmic breathing unaided to enroll.

Level 4: (40 min class)

Must pass level 3 or must swim elementary backstroke 45 feet, front crawl (freestyle) w/ rotary breathing 45 feet, dive and tread water 1 minute to enroll.

Level 5 & 6: (40 min class)

Must pass level 4 or must swim front crawl (freestyle) & elementary backstroke 25 yards each; breaststroke, butterfly & sidestroke for 15 yards each, perform a standing dive and tread water for 2 minutes to enroll.

CLINIC: (60 min class) (Monday and/or Saturday)

Must have been in level 4 for at least two sessions, be in level 5-6 or have coaches approval after evaluation. Skills for competitive swimming and overall fitness.

YOUTH SWIM: (Monday -Thursday 3 - 4 pm & Saturday 12pm - 1 pm)

For children only who can swim more than 20 feet on front and back independently or can stand in water over 4ft deep.

FAMILY SWIM: (Saturday 12pm - 1 pm)

Parents/Guardians MUST be in the pool with their non-swimming children. **Floatation devices are not permitted at this time.**

MULTIPLE CHILD DISCOUNT (For Swimming Classes only): 10% - 2nd child, 5% - per 3rd child or more.

MULTIPLE CLASS DISCOUNT (for Swimming Classes only): 10% - 2nd class, 5% - per 3rd class or more.